

" AWARENESS PROGRAMME ABOUT PERSONAL HYGIENE FOR GIRLS "

Date :- 16-02-2023

Time :- 3.00 PM to 4.00 PM

Venue :- Auditorium

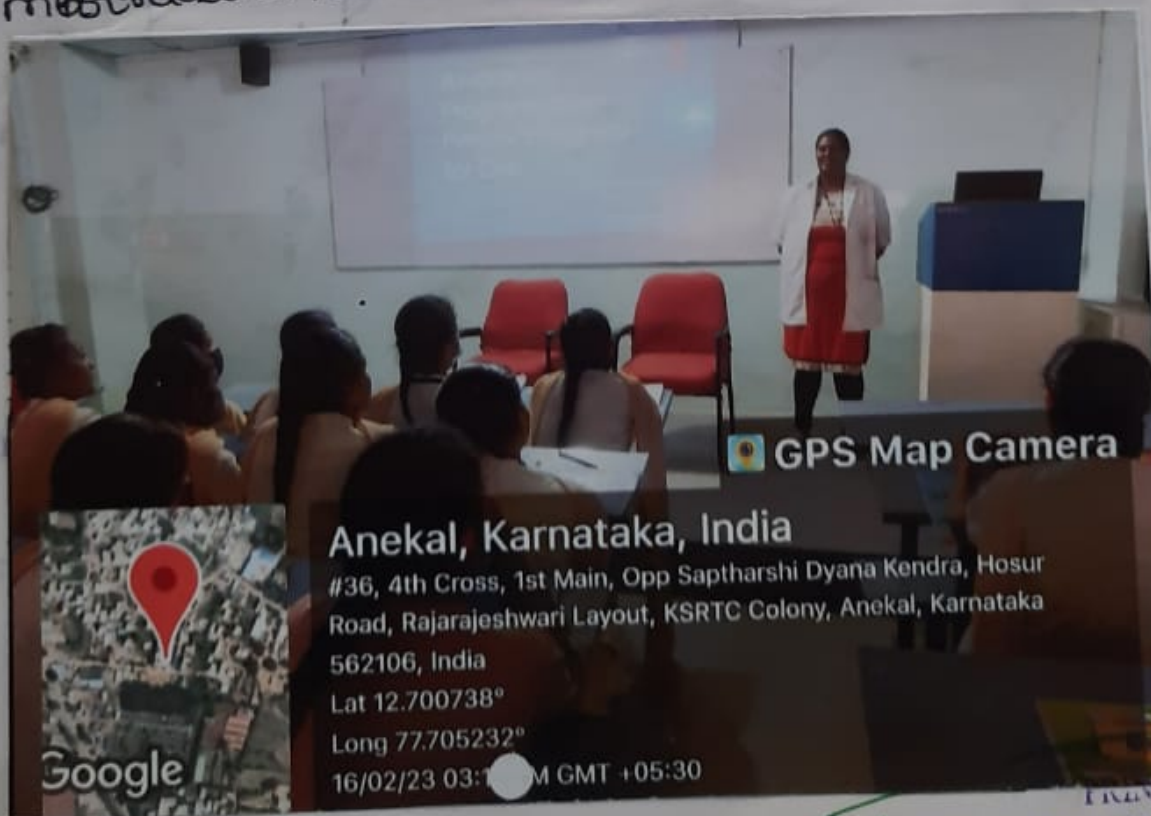
Number of participants :- 208 Participants

Resource person :- Shilpa.S

[Government Hospital Nurse]

Name/s of the person incharge :- Swetha.P -
Lecturer - Departments of Management

Objective of the programme :- To impart knowledge and awareness about menstruation and hygiene and also to avoid fear and emotional disturbance on the onset of menstruation.



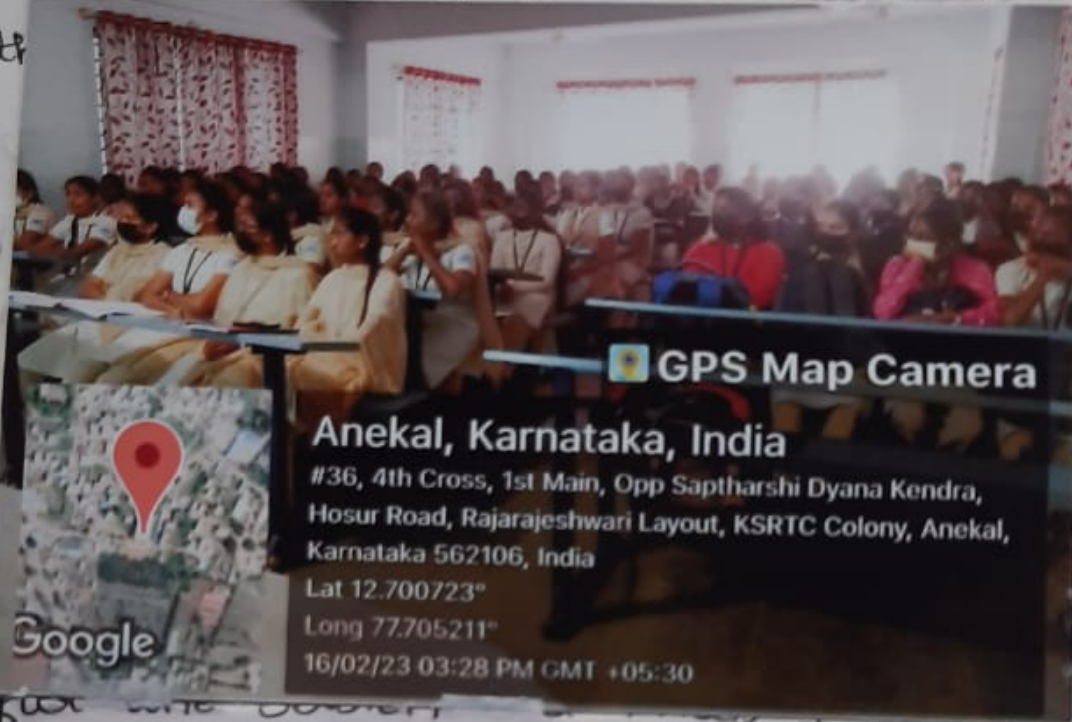
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VISHWA CHETHANA DEGREE COLLEGE

College Code: 8D

No 36, Rajarajeshwari Layout,

Hosur Road, Anekal-Tk, BANGALORE DIST-5

Resource person talk about the importance of maintaining and practicing menstrual hygiene. How and why to use the sanitary napkins and menstrual cups. we have emphasized on the myths and taboos related to menstruation. Students were educated on the importance of adopting good menstrual hygiene practice to enjoy good health in pursuing it



After the session, girls were very happy to get new information about menstruation and maintaining personal Hygiene.

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" REPORT ON CANCER AWARENESS PROGRAMME FOR WOMEN "

Vishwa Chethana Degree College organized cancer awareness programme to educate the girl students and women employees.

Date :- 17-02-2023

Venue :- Auditorium

Time :- 2.00 PM TO 3.00 PM

Number of participants :- 250

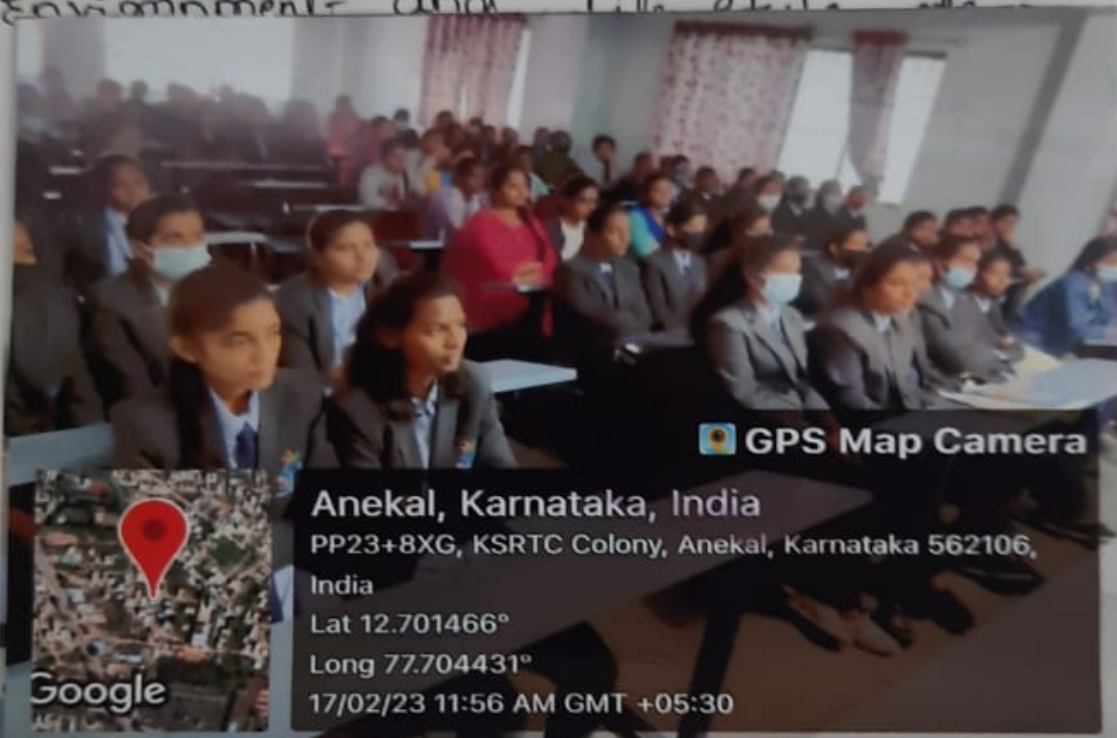
Resource person :- MCOM Students.

M.com Second year Students gave power point presentation to bring awareness on Breast cancer for benefit of girl students.



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To Elaborate presentation covered aspects like problems, probable symptoms that causes of breast cancer, way to identify it in early stage to be cured off like dimpling, puckering, stretching pain in the back, retracted nipple etc. The factors causing cancer are genetic, psychological, dietary, environment and life style etc.



Everyone appreciated the programme and opinioned that these kinds of programmes are very useful.

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"YOGIA TRAINING PROGRAMME"

Date :- 21-06-2023

Venue :- College Ground.

For whom :- Students

Number of participants :- 80

Objective of the event :- To create awareness about the importance of physical fitness and health.

Names of the person incharge :- Mr. Yeniswamy [Physical Educator]

Report :- On 21-06-2023 Vishwa Chethana Degree college arranged the yoga Coaching for the Students and the yoga classes were initiated by Yeniswamy G.P.

The students from our college attended yoga class. Yeniswamy G.P thought some yoga asana to the students.

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" DATA SCAPES : EXPLORING THE DIMENSIONS OF DATA SCIENCE "

Date :- 20-05-2023

Venue :- Auditorium

For whom :- All BCA Students

Number of participants :- 206

Objective of the programme :- To create awareness about recent trends in the field of information technology.

Names of the person in charge :- Srinivas. R
[Lecturer in Department of computer science]

Resource person :- Dr. Saritha Chinnappa Reddy,
AI Architect / principal Data Scientist,
WIPRO . Bengaluru.



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Report :-

Data Science is a Multi-disciplinary Subject that uses mathematics, Statistics and computer Science to Study and Evaluate the data.

Dr. Saritha Chinnappa Reddy Madam has given a very useful information for the students and enhanced their skills in the field of corporate.



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